



Manulife *Vitality* How To Video: Apple Watch

[Super “Welcome to Manulife *Vitality* Stories!” slides in from top of frame]

Welcome to Manulife *Vitality* Stories!

[Main character Jean makes her way down a path]

Once upon a time, Jean got a new Apple Watch – and here’s the twist: she got it at a huge discount thanks to her Manulife *Vitality Plus* membership!

[Super “Chapter 1: Ordering” appears]

[Jean appears on screen holding mobile phone with apple watch on screen]

The first chapter in Jean’s Apple Watch story was to order it. It was easy! She just logged into her online account, chose her model and ordered it! (You can also use the app).

[Super “Chapter 2: Shipping” appears]

[Cut to scene of Jean opening a package]

In Chapter 2, Jean was kept up to date with ordering and shipping confirmation emails. Then within 8 weeks, it was at her door and on her wrist!

[Super “Chapter 3: Connect it” appears]

Next, Chapter 3 showed her the easy on-screen instructions to pair her watch with her iPhone, then connect it to the program.

[Cut to scene of Jean wearing her Apple Watch]

First, she opened her Manulife *Vitality* app. It was her first time connecting the Health app, so a pop-up guided her through the easy process.

[Cut to close up of Jean holding her phone and interacting with the Manulife *Vitality* App]



If you're reconnecting the Health app, you won't see that pop-up. So, click "Profile," then "Fitness apps." Select "Health app," then click the "Open Health app" button. When your Health app opens, click "Sharing" and then "Apps." Select "Manulife *Vitality*" and then "Turn On All." From there, you'll be ready to get moving and earn Vitality Points – which led Jean to Chapter 4!

[Cut to close-up of Apple Watch on Jean's wrist]

[Super "Chapter 4: Recording activity" appears]

[Cut to scene of Apple watch on Jean's wrist with heart beat animation]

When Jean moves – and even sleeps – her watch and the app can record it all, including her steps and heart rate. And all that can translate to Vitality Points and rewards!

[Super "Chapter 5: The never-ending story" appears]

[Cut to scene of Jean walking down path]

Finally, Chapter 5 is the end – or is it? Jean's Apple Watch story truly has no end, because it's all about moving forward with Manulife *Vitality*!

Now it's time to get moving, so you can enjoy your Apple Watch – and Manulife *Vitality* – as much as Jean does!

[Cut to display of other videos in the Manulife *Vitality* how-to series]

Want to check out more Manulife *Vitality* "how-to" stories? Click on one of the other videos you see here, then you could live happily ever after!

[Legalese]

* Initial payment does not include applicable taxes or upgrades which may include cellular models. Tax on initial payment is based on retail value of Apple Watch. Apple Watch Ultra 2, Apple Watch Series 9, and Apple Watch SE require iPhone Xs or later with iOS 17 or later. Wireless service plan required for cellular service. Apple Watch and iPhone service provider must be the same. The full value of the Apple Watch SE is \$329, which is comprised of monthly payments of \$13.70 per month over 24 months. The full value of the Apple Watch Series 9 is \$549, comprised of an initial payment of \$97 plus tax, then monthly payments of \$18.50 per month over 24 months. The full value of the Apple Watch Ultra 2 is \$1,099, comprised of an initial payment of \$647 plus tax, then monthly payments of \$18.50 per month over 24 months. Each monthly payment can be reduced to as little as \$0 depending on how many Vitality Points you earn. Apple Watch SE can be upgraded to Apple Watch Series 9 for an additional \$97. Apple is not a participant in or sponsor of this promotion. Apple Watch is a registered trademark of Apple Inc. All rights reserved.



Manulife



[Cut to end frame with Manulife logo and legal disclaimer]

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