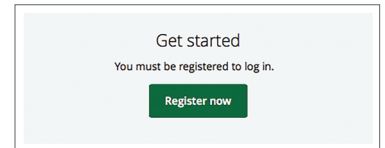




Connect to your benefits

Set up your online account

- Go to manulife.ca/signin and select **Register now** to get started.
- Fill in your information and **Submit**.
You'll need your plan contract and member certificate number found on your benefits card.

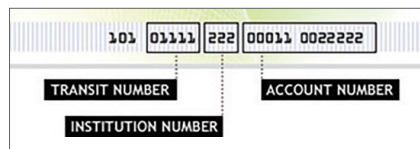


Get set for fast refunds

Include your direct deposit information the first time you submit an online claim or with Manulife Mobile. Also include your email address to get notified when your claim has been processed.

To set up Direct Deposit, sign in to the plan member site, hover over the **My profile** tab and select **Edit my banking information**.

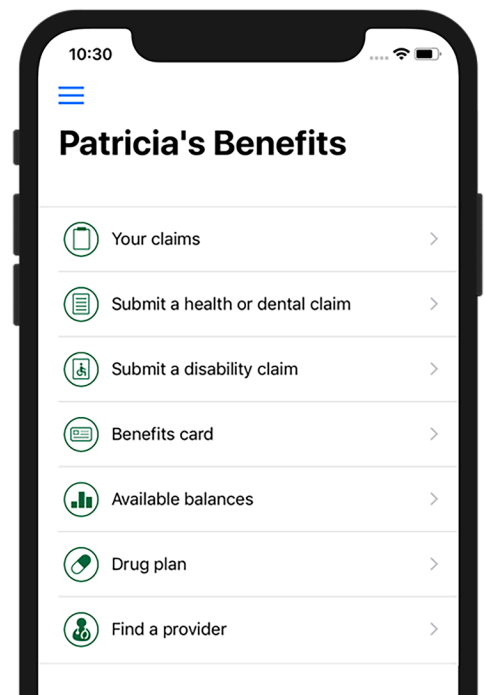
You'll need your bank, transit and account numbers, printed on the bottom of your personal cheque. If you're not sure which numbers go where, select the **Where can I find my banking information?** link and a sample cheque will appear, showing you where to find the information. If you don't have a personal cheque, call your banking institution for this information.



Access your benefits on the go!

Download Manulife Mobile for [Apple](#) and [Android](#)

It's the only app you need to submit claims, use your benefits card, find health care providers near you and more.



Explore your account

Take advantage of Manulife's online tools and resources!



Submit claims online

Sign in to your account and select **Submit a claim**. Fill in your claims details, review for accuracy and **Submit!** You can also review claims history including current claim status and see your statements.



Review your coverage

Get a summary of your coverage by hovering over the **My benefits** tab and selecting **Coverage statement**. Or explore your benefits plan in depth with the resources under the **My Benefits** tab.



My drug plan

See if a drug is covered under your plan, what the plan pays and what you pay. If available, you can also find lower-cost alternatives for your prescriptions. My Drug Plan is found under the **My benefits** tab.

Need help?
Contact Manulife

1 800-268-6195,
Monday to Friday,
8 a.m. to 8 p.m. ET

Send a note through
your online account